First Trust JFL Fixed Income Core Plus ETF

Ticker: FJFB

Portfolios Canada®

Quarter End Statement of Investments

3rd Quarter as at September 30, 2023

| Sector Allocation % of Net Asset Va | |
|---------------------------------------|-----------------|
| Corporate Bonds | 54.65% |
| Provincial Bonds and Guarantees | 25.77% |
| Federal Bonds and Guarantees | 18.29% |
| Cash & Cash Equivalents | 0.59% |
| Total Other Assets and Liabilities | 99.30% 0.70% |
| Total Net Asset Value | 100.00% |

| Country Allocation | % of Net Asset Value | |
|---------------------------|----------------------|--|
| Canada | 87.55% | |
| United States | 8.20% | |
| Jersey C.I. | 2.28% | |
| United Kingdom | 0.69% | |

| Credit Rating % of Net Asset \ | |
|--------------------------------|--------|
| AAA | 18.50% |
| AA+ | 2.80% |
| AA | 0.54% |
| AA- | 8.12% |
| A+ | 19.59% |
| A | 9.49% |
| A- | 9.86% |
| BBB+ | 11.82% |
| BBB | 9.62% |
| BBB- | 1.62% |
| BB+ | 1.41% |
| BB | 1.46% |
| BB- | 2.21% |
| В+ | 1.68% |

| Top 25 Holdings % of Net | Asset Value |
|---|--------------|
| Canadian Government N/C, 2.75%, Due 06/01/2033 | 8.61% |
| Ontario (Province of) N/C, 1.35%, Due 12/02/2030 | 6.98% |
| Canadian Government N/C, 2%, Due 06/01/2032 | 2.99% |
| The Walt Disney Company 3.057%, Due 03/30/2027 | 2.15% |
| Wells Fargo & Company N/C, 3.874%, Due 05/21/2025 | 2.07% |
| Bank Of Montreal 3.65%, Due 04/01/2027 | 1.64% |
| Ontario (Province of) N/C, 3.75%, Due 12/02/2053 | 1.61% |
| Province of Quebec N/C, 3.50%, Due 12/01/2048 | 1.54% |
| Royal Bank of Canada N/C, 4.612%, Due 07/26/2027 | 1.51% |
| Bell Canada 5.85%, Due 11/10/2032 | 1.28% |
| Province of Quebec N/C, 5%, Due 12/01/2041 | 1.27% |
| bcIMC Realty Corp. 2.84%, Due 06/03/2025 | 1.27% |
| Canada Housing Trust N/C, 3.80%, Due 06/15/2027 | 1.24% |
| National Bank of Canada Variable Rate, Due 08/16/2032 | 1.23% |
| Toronto-Dominion Bank 4.21%, Due 06/01/2027 | 1.14% |
| Province of Quebec N/C, 3.10%, Due 12/01/2051 | 1.03% |
| ARC Resources Ltd. 3.465%, Due 03/10/2031 | 1.00% |
| Royal Bank of Canada N/C, 5.228%, Due 06/24/2030 | 1.00% |
| Province of Quebec N/C, 2.85%, Due 12/01/2053 | 0.99% |
| 407 International Inc. 6.47%, Due 07/27/2029 | 0.98% |
| Bank of Montreal 2.28%, Due 07/29/2024 | 0.97% |
| Nestle Holdings Inc. 2.192%, Due 01/26/2029 | 0.97% |
| British Columbia Prov of N/C, 2.75%, Due 06/18/2052 | 0.95% |
| Canadian Imperial Bank 4.95%, Due 06/29/2027 | 0.94% |
| Royal Bank of Canada N/C, 2.352%, Due 07/02/2024 | 0.94% |
| Total Net Asset Value | \$20,842,750 |

Commissions, management fees and expenses all may be associated with ETF investments. Please carefully read the simplified prospectus of the ETF before investing. ETFs are not guaranteed, their values change frequently and past performance may not be repeated. Data is as of September 30, 2023 (unaudited).