

### Quarter End Statement of Investments

1st Quarter as at March 31, 2026

Sector Allocation	% of Net Asset Value
Exchange-Traded Fund (FT Vest SMID Rising Dividend Achievers Target Income ETF ["Underlying Fund"])*	99.77%
Cash and Cash Equivalents	0.73%
<b>Total</b>	<b>100.50%</b>
<b>Other Assets and Liabilities</b>	<b>(0.50%)</b>
<b>Total Net Asset Value</b>	<b>100.00%</b>

Sector Allocation of the Underlying Fund	% of Net Asset Value of the Underlying Fund
Industrials	32.98%
Financials	31.36%
Consumer Discretionary	13.94%
Technology	6.58%
Consumer Staples	4.44%
Energy	3.85%
Basic Materials	2.97%
Health Care	2.71%
Cash & Cash Equivalents	0.97%
Telecommunications	0.88%
Other	(0.17%)

Country Allocation of the Underlying Fund	% of Net Asset Value of the Underlying Fund
United States	94.90%
Bermuda	1.98%
Ireland	1.40%
Other	0.82%
Bahamas	0.46%

Holdings	% of Net Asset Value
FT Vest SMID Rising Dividend Achievers Target Income ETF	99.77%
<b>Total Net Asset Value</b>	<b>\$1,982,407</b>

Top 25 Holdings of the Underlying Fund	% of Net Asset Value of the Underlying Fund
Comfort Systems USA, Inc.	1.51%
EnerSys	1.27%
Weatherford International Plc	1.22%
Clear Secure, Inc. (Class A)	1.19%
Primoris Services Corporation	1.11%
The New York Times Company (Class A)	1.11%
Woodward, Inc.	1.11%
EMCOR Group, Inc.	1.06%
Powell Industries, Inc.	1.06%
PriceSmart, Inc.	1.06%
Atmus Filtration Technologies, Inc.	1.03%
LeMaitre Vascular, Inc.	1.02%
Allison Transmission Holdings, Inc.	1.01%
Perdoceo Education Corporation	1.00%
Mueller Industries, Inc.	0.96%
Cboe Global Markets, Inc.	0.95%
Installed Building Products, Inc.	0.94%
Northern Trust Corporation	0.94%
Coca-Cola Consolidated, Inc.	0.93%
ITT, Inc.	0.93%
Interactive Brokers Group, Inc. (Class A)	0.92%
Cactus, Inc. (Class A)	0.91%
Cullen/Frost Bankers, Inc.	0.91%
Ralph Lauren Corporation	0.91%
Snap-on, Inc.	0.91%
<b>Total Net Asset Value of the Underlying Fund (in USD)</b>	<b>\$798,583,396</b>

\*The First Trust ETF obtains exposure to the performance of Nasdaq US Small Mid Cap Rising Dividend Achievers™ Index (the "Index") as well as listed options on the Russell 2000® Index or exchange-traded funds that track the Russell 2000® Index by investing in the Underlying Fund, a U.S.-listed fund (i.e. *FT Vest SMID Rising Dividend Achievers Target Income ETF* [the "Underlying Fund"]) which itself to replicate or substantially replicates the Index.

Commissions, management fees and expenses all may be associated with ETF investments. Please carefully read the simplified prospectus of the ETF before investing. ETFs are not guaranteed, their values change frequently and past performance may not be repeated. Data is as of March 31, 2026 (unaudited).