



First Trust AlphaDEX™ Emerging Market Dividend ETF
(CAD-Hedged) • FDE, FDE.A

Interim Management Report of Fund Performance
June 30, 2019

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INTERIM MANAGEMENT REPORT OF FUND PERFORMANCE

June 30, 2019

First Trust AlphaDEX™ Emerging Market Dividend ETF (CAD-Hedged) **(the “First Trust ETF”)**

This interim management report of fund performance contains financial highlights but does not contain the complete unaudited interim financial report of the First Trust ETF. All references to dollars contained herein are to Canadian dollars.

Securityholders may also contact us to request a copy of the First Trust ETF’s proxy voting policies and procedures, proxy voting disclosure record, or quarterly portfolio disclosures relating to the First Trust ETF by calling 1-877-622-5552, by writing to us at FT Portfolios Canada Co., 40 King Street West, Suite 5102, Scotia Plaza, Box 312, Toronto, Ontario M5H 3Y2 or by visiting our website at www.firsttrust.ca or SEDAR at www.sedar.com.

Forward-looking Statements

This document may contain forward-looking statements relating to anticipated future events, results, circumstances, performance or expectations that are not historical facts but instead represent beliefs regarding future events. By their nature, forward-looking statements are based on assumptions and are subject to inherent risks and uncertainties. There is significant risk that forward-looking statements will not prove to be accurate. Readers of this document should not place undue reliance on forward-looking statements as a number of factors could cause actual future results, conditions, actions or events to differ materially from the expectations, estimates or intentions expressed or implied in the forward-looking statements. These factors include but are not limited to market and general economic conditions, interest rates, foreign currency exchange rates, the extent of industry sector exposure, the performance of the securities of the issuers held in the portfolio and regulatory developments and the risks detailed in the First Trust ETF’s prospectus. The Manager does not undertake and specifically disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

First Trust AlphaDEX™ Emerging Market Dividend ETF (CAD-Hedged)

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Investment Objective and Strategy

The fundamental investment objective of **First Trust AlphaDEX™ Emerging Market Dividend ETF (CAD-Hedged)** (the “First Trust ETF”) is to provide unitholders with exposure to the performance of a portfolio of dividend paying equity securities domiciled in the emerging markets and selected from the countries represented in the S&P BMI Emerging Markets Index as well as providing unitholders with monthly distributions.

To achieve its investment objectives, the First Trust ETF will primarily invest in common shares, GDRs, ADRs or other depository receipts listed on a major U.S. or Canadian stock exchange, of dividend paying companies in emerging countries as defined by the S&P Emerging Markets BMI Index. Securities will also be subject to an initial screening process to ensure sufficient liquidity (minimum three month average daily trading volume of \$2.5 million), market capitalization (minimum of \$1 billion) and price per security (minimum of \$2). Eligible companies will then be assigned a score and ranked based on the AlphaDEX™ selection methodology which is a rules based methodology that analyzes companies based on five growth factors consisting of three, six and twelve month price appreciation, one year sales growth and sales-price ratio and three value factors consisting of book value-to-price ratio, cash flow-to-price ratio and return on assets. The top 75% of the eligible companies, based on selection score, will comprise the portfolio. The resulting stocks are not weighted based on market capitalization, but on the basis of potential investment merit. The selected stocks are then divided equally into quintiles based on their AlphaDEX™ methodology scores; the higher scoring quintiles are given a greater weight than lower scoring quintiles. The top ranked quintile receives a top weight of 5/15 (33.3%) of the portfolio with successive quintiles receiving 4/15 (26.7%), 3/15 (20.0%), 2/15 (13.3%) and 1/15 (6.7%). The First Trust ETF will generally seek to hedge substantially any of its U.S. dollar currency exposure back to the Canadian dollar.

The First Trust ETF will rebalance and reconstitute the portfolio of constituent securities semi-annually. Between rebalancing dates, the allocation between each of the constituent securities will change due to market movement and the portfolio advisor will typically not reallocate, include or exclude issuers from the First Trust ETF portfolio until its next rebalance date.

Risk

The AlphaDEX™ stock selection process is a rules-based process and can result in sector weightings that differ from that of the benchmark. The ability of the underlying securities to pay a dividend in the future is dependent on factors that are not controlled by fund management. A security held in the First Trust ETF may, at any time, decide to cut or eliminate its dividend payment. Given the First Trust ETF employs a currency hedging strategy to minimize the impact of changes in the USD-CAD exchange rate and considering that the portfolio remains consistent in its application of the AlphaDEX™ stock selection methodology to pick stocks for the portfolio, we conclude there was no material change to the risk profile of the First Trust ETF.

Results of Operations

General

The First Trust ETF's total net asset value as of June 30, 2019 was \$3,922,262 or \$15.71 per Common Class unit (“FDE”) and \$15.66 per Advisor Class unit (“FDE.A”). The First Trust ETF's total net asset value as of December 31, 2018 was \$4,323,118 or \$14.42 per FDE and \$14.40 per FDE.A.

For the six-month period ended June 30, 2019, the First Trust ETF paid total cash distributions per unit of \$0.2700 for FDE and \$0.2100 for FDE.A. In addition, the First Trust ETF declared cash distributions per unit of \$0.0400 for FDE and \$0.0300 for FDE.A for record date of June 28, 2019 with payment date of July 8, 2019.

Investment Performance

For the six-month period ended June 30, 2019, FDE returned 10.82% and FDE.A returned 10.26% compared to MSCI Emerging Market Index (USD) (the “benchmark”) return of 10.78%. Unlike the benchmark, the First Trust ETF's returns are net of fees and expenses.

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FDE outperformed the benchmark. FDE benefitted from selection in South African stocks relative to the benchmark. FDE also outperformed due to strong selection in the Utilities and Energy sectors. FDE's outperformance can also be attributed to FDE's emphasis on dividend yield, one of the best performing factors during the period.

The top five stocks by contribution to return were Companhia Paranaense de Energia Sponsored ADR Pfd Class B, Cosan Limited Class A, AngloGold Ashanti Limited Sponsored ADR, Yirendai Ltd. Sponsored ADR, and Bancolombia S.A. Sponsored ADR Pfd. The bottom five stocks by contribution to return were Au Optronics Corp. Sponsored ADR, Grupo Televisa, S.A.B. Sponsored ADR, Ternium S.A. Sponsored ADR, Braskem S.A. Sponsored ADR Pfd Class A, and GasLog Ltd.

The portfolio held 42 equity securities at the end of the reporting period. The top ten equity holdings accounted for 40.05% of the portfolio. Materials, Information Technology, and Financials were the top three sector weightings at the beginning of the reporting period. At the end of the period, Information Technology, Materials, and Financials were the top three sector weightings. During the period, the First Trust ETF added 8 positions and removed 12 positions. The changes were made by applying the quantitative AlphaDEX™ selection methodology to a universe of emerging market dividend paying stocks.

During the period, depreciation in the U.S. dollar versus the Canadian dollar was advantageous for the First Trust ETF given the currency hedge.

Recent Developments

Over the reporting period, emerging market equities underperformed their developed market peers. We believe the underperformance is largely due to a strengthening U.S. dollar during the period, which makes it more difficult for debt-burdened emerging market countries to pay back debt denominated in U.S. dollars. Moreover, investors fear that the developing trade war between the United States and China could slow global growth, lowering demand for raw materials and hurting emerging market economies that are commodity exporters.

Related Party Transactions

FT Portfolios Canada Co. is the Manager of the First Trust ETF and is a Canadian affiliate of First Trust Advisors L.P., the investment advisor (the "Advisor") of the First Trust ETF.

Pursuant to terms of the declaration of trust of the First Trust ETF, the Manager provides or arranges for all management, administrative and other services required by the First Trust ETF. The Manager receives a management fee from the First Trust ETF. For further details, please see "Management Fees".

The Manager has retained the Advisor to provide certain services to the First Trust ETF pursuant to an investment advisory agreement. The Advisor receives advisory fees from the Manager out of the management fee.

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Financial Highlights

The following tables show selected key financial information about the First Trust ETF and are intended to help you understand the First Trust ETF's financial performance for the past five years. This information is derived from the First Trust ETF's current unaudited interim financial statements and audited annual financial statements.

Net Asset Value per Unit

FDE	Jun. 30, 2019	Dec. 31, 2018	Dec. 31, 2017	Dec. 31, 2016	Dec. 31, 2015	Dec. 31, 2014
Net asset value, beginning of period/year ⁽¹⁾	\$14.42	\$16.68	\$14.38	\$11.91	\$16.36	\$19.93
Increase (Decrease) from operations:						
Total revenue	0.20	0.64	0.36	0.35	0.66	0.66
Total expenses	(0.12)	(0.22)	(0.20)	(0.19)	(0.20)	(0.24)
Realized gains (losses) for the period/year	0.38	(1.09)	1.41	(0.68)	(4.39)	(1.18)
Unrealized gains (losses) for the period/year	1.19	(1.78)	0.83	1.05	0.18	(1.47)
Total increase (decrease) from operations ⁽²⁾	\$1.65	\$(2.45)	\$2.40	\$0.53	\$(3.75)	\$(2.23)
Distributions:						
From income (excluding dividends)	(0.27)	(0.46)	(0.32)	(0.30)	(0.30)	(0.45)
From dividends	-	-	-	-	-	-
From capital gains	-	-	-	-	-	-
Return of capital	-	(0.04)	(0.24)	(0.08)	(0.07)	(0.04)
Total annual distributions ⁽³⁾	\$(0.27)	\$(0.50)	\$(0.56)	\$(0.38)	\$(0.37)	\$(0.49)
Net asset value, end of period/year ⁽⁴⁾	\$15.71	\$14.42	\$16.68	\$14.38	\$11.91	\$16.36

FDE.A	Jun. 30, 2019	Dec. 31, 2018	Dec. 31, 2017	Dec. 31, 2016	Dec. 31, 2015	Dec. 31, 2014
Net asset value, beginning of period/year ⁽¹⁾	\$14.40	\$16.67	\$14.37	\$11.90	\$16.36	\$19.92
Increase (Decrease) from operations:						
Total revenue	0.32	0.71	1.01	1.35	(0.13)	0.27
Total expenses	(0.20)	(0.39)	(0.41)	(0.35)	(0.36)	(0.44)
Realized gains (losses) for the period/year	0.42	(1.76)	1.31	(0.54)	(4.88)	(1.18)
Unrealized gains (losses) for the period/year	0.93	(0.36)	(0.06)	2.24	1.13	(1.92)
Total increase (decrease) from operations ⁽²⁾	\$1.47	\$(1.80)	\$1.97	\$2.70	\$(4.24)	\$(3.27)
Distributions:						
From income (excluding dividends)	(0.21)	(0.34)	(0.15)	(0.18)	(0.17)	(0.25)
From dividends	-	-	-	-	-	-
From capital gains	-	-	-	-	-	-
Return of capital	-	-	(0.22)	(0.05)	(0.04)	(0.02)
Total annual distributions ⁽³⁾	\$(0.21)	\$(0.34)	\$(0.37)	\$(0.23)	\$(0.21)	\$(0.27)
Net asset value, end of period/year ⁽⁴⁾	\$15.66	\$14.40	\$16.67	\$14.37	\$11.90	\$16.36

(1) This information is provided as at June 30, 2019 and December 31 of the period/years shown and is prepared under IFRS.

(2) Net asset value and distributions are based on the actual number of units outstanding at the relevant time. The increase/decrease from operations is based on the weighted average number of units outstanding over the period/year.

(3) Distributions were paid in cash or reinvested in additional units of the First Trust ETF, or both. Non-cash distributions are reinvested in additional units of the First Trust ETF and subsequently consolidated. Neither the number of units held by the unitholder, nor the net asset per unit of the First Trust ETF change as a result of any non-cash distributions.

(4) This table is not intended to be a reconciliation of beginning to ending net asset value per unit.

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Ratios and Supplemental Data

FDE	Jun. 30, 2019	Dec. 31, 2018	Dec. 31, 2017	Dec. 31, 2016	Dec. 31, 2015	Dec. 31, 2014
Net asset value (000's)	\$2,365	\$2,892	\$7,514	\$7,918	\$1,787	\$4,091
Number of units outstanding	150,600	200,600	450,600	550,599	150,000	250,000
Management expense ratio ⁽¹⁾	0.72%	0.72%	0.71%	0.72%	0.73%	0.72%
Management expense ratio before waivers or absorption	0.74%	0.74%	0.73%	0.74%	0.75%	0.75%
Trading expense ratio ⁽²⁾	0.20%	0.20%	0.17%	0.26%	0.16%	0.20%
Portfolio turnover rate ⁽³⁾	56.12%	175.26%	204.83%	136.38%	114.10%	116.57%
Net asset value per unit	\$15.71	\$14.42	\$16.68	\$14.38	\$11.91	\$16.36

FDE.A	Jun. 30, 2019	Dec. 31, 2018	Dec. 31, 2017	Dec. 31, 2016	Dec. 31, 2015	Dec. 31, 2014
Net asset value (000's)	\$1,557	\$1,431	\$2,490	\$710	\$595	\$818
Number of units outstanding	99,399	99,399	149,399	49,400	50,000	50,000
Management expense ratio ⁽¹⁾	1.77%	1.79%	1.81%	1.83%	1.83%	1.84%
Management expense ratio before waivers or absorption	1.79%	1.80%	1.83%	1.85%	1.85%	1.87%
Trading expense ratio ⁽²⁾	0.20%	0.20%	0.17%	0.26%	0.16%	0.20%
Portfolio turnover rate ⁽³⁾	56.12%	175.26%	204.83%	136.38%	114.10%	116.57%
Net asset value per unit	\$15.66	\$14.40	\$16.67	\$14.37	\$11.90	\$16.36

(1) Management expense ratio is based on total expenses (excluding commissions and other portfolio transaction costs) for the stated year and is expressed as an annualized percentage of daily average net asset value during the period/year.

(2) The trading expense ratio represents total commissions and other portfolio transaction costs expressed as an annualized percentage of daily average net asset value during the period/year.

(3) The First Trust ETF's portfolio turnover rate indicates how actively the First Trust ETF's portfolio advisor manages its portfolio investments. A portfolio turnover rate of 100% is equivalent to the First Trust ETF buying and selling all of the securities in its portfolio once in the course of the period/year. The higher a First Trust ETF's portfolio turnover rate in a period/year, the greater the trading cost payable by the First Trust ETF in the period/year, and the greater the chance of an investor receiving taxable capital gains in the period/year. There is not necessarily a relationship between high turnover rate and the performance of a First Trust ETF.

Management Fees

The First Trust ETF will pay the Manager a management fee of 0.65% and, in respect of the FDE.A, an additional amount for a service fee (see "FDE.A Service Fee" below) based on the average daily NAV of the First Trust ETF. The management fee, plus applicable taxes including HST, will be accrued daily and paid monthly in arrears. The Manager may, from time to time in its discretion, waive all or a portion of the management fee charged at any given time.

FDE.A Service Fee

The Manager pays registered dealers a service fee equal to 1.00% per annum of the NAV of the Units held by clients of the registered dealer, plus any applicable taxes. The service fee will be calculated and accrued daily and paid quarterly at the end of each calendar quarter.

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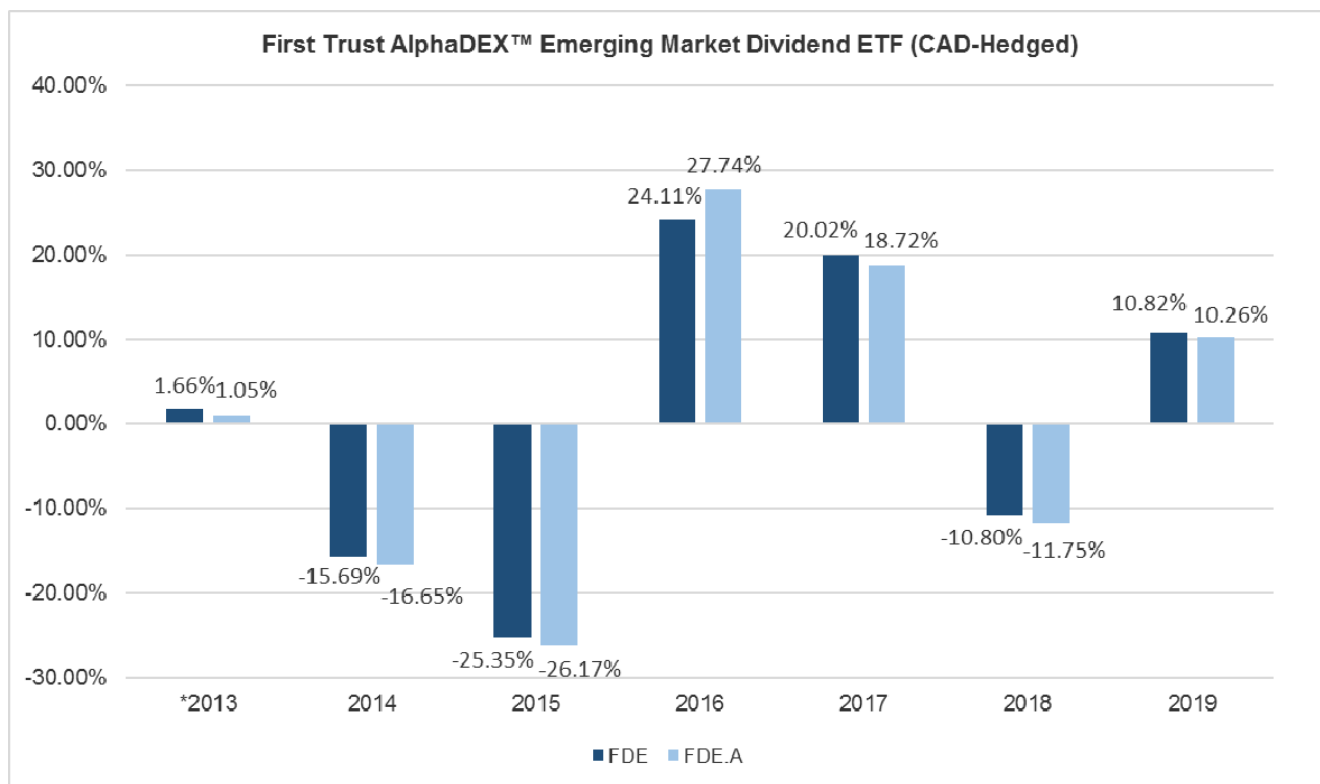
Past Performance

General

The past performance information shown assumes that all distributions made by the First Trust ETF in the periods shown were reinvested in additional securities of the First Trust ETF. The performance information does not take into account sales, redemption, distribution or other optional charges that would have reduced returns or performance. How the First Trust ETF has performed in the past does not necessarily indicate how it will perform in the future.

Year by Year Returns

The bar chart below shows the First Trust ETF's performance, per class, for the six-month period ended June 30, 2019, for the years ended December 31, and for the period from commencement of operations to December 31, 2013 and illustrates how the investment fund's performance has changed from year to year. The chart also shows, in percentage terms, how much an investment made on the first day of each financial year would have grown or decreased by the last day of each financial year.



*First Trust ETF Commencement: May 15, 2013

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Summary of Investment Portfolio

The table sets out the percentage (based on total net asset value) of the First Trust ETF's top 25 holdings as at June 30, 2019. This summary of portfolio holdings may change due to ongoing portfolio transactions of the First Trust ETF. A quarterly update is available at www.firsttrust.ca.

Top 25 Holdings	% of ETF Total Net Asset Value
Tim Participacoes SA, ADR	4.19%
AngloGold Ashanti Ltd., ADR	4.17%
Cosan Ltd., Class 'A'	4.11%
Seaspan Corp.	4.10%
Companhia Paranaense de Energia	4.07%
Banco Santander (Mexico) SA, ADR	4.06%
Companhia Siderurgica Nacional SA, ADR	4.02%
AU Optronics Corp., ADR	3.94%
Gold Fields Ltd., ADR	3.77%
QIWI PLC, ADR	3.62%
Ternium SA, ADR	3.62%
Hollysys Automation Technologies Ltd.	3.32%
NetEase Inc., ADR	3.20%
Grupo Aeroportuario del Centro Norte SAB de CV, ADR	3.12%
PPDAI Group Inc., ADR	2.87%
Grupo Televisa SA, ADR	2.82%
Ecopetrol SA	2.32%
Turkcell Iletisim Hizmetleri AS, ADR	2.29%
Bancolombia SA, ADR	2.25%
Compania Cervecerias Unidas SA, ADR	2.19%
ICICI Bank Ltd., ADR	2.18%
HDFC Bank Ltd., ADR	2.17%
Fomento Economico Mexicano SAB de CV, ADR	2.15%
Companhia Energetica de Minas Gerais SA, ADR	2.11%
Sasol Ltd., ADR	2.07%
Total	78.73%

Portfolio Breakdown

The table sets out the percentage (based on total net asset value) of the First Trust ETF's portfolio, by sector, as at June 30, 2019.

Sector Weightings	% of ETF Total Net Asset Value
Information Technology	20.59%
Materials	16.34%
Financials	13.53%
Communication Services	12.90%
Industrials	10.32%
Consumer Staples	9.14%
Utilities	6.18%
Energy	5.07%
Consumer Discretionary	4.62%
Cash and Cash Equivalents	0.61%
Other Assets, Less Liabilities	0.69%
Total	100.00%

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The table sets out the percentage (based on total net asset value) of the First Trust ETF's portfolio excluding cash, by country, as at June 30, 2019.

Country Weightings	% of ETF Total Net Asset Value
Brazil	18.50%
Mexico	15.93%
South Africa	10.01%
China	9.39%
India	8.22%
Taiwan	8.05%
Columbia	4.57%
Marshall Islands	4.10%
Luxembourg	3.62%
Cyprus	3.62%
Chile	2.92%
Turkey	2.29%
Netherlands	1.89%
United States	1.80%
Philippines	1.52%
Russia	0.82%
Indonesia	0.75%
Monaco	0.69%
Total	98.69%

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