First Trust Long/Short Equity ETF

Ticker: FTLS

Quarter End Statement of Investments

3rd Quarter as at September 30, 2025

Sector Allocation	% of Net Asset Value
Exchange-Traded Fund (First Trust Long/Short Equity ETF ["Underlying Fund"])*	99.63%
Cash and Cash Equivalents	0.38%
Total	**100.01%**
Other Assets and Liabilities	**(0.01%)**
Total Net Asset Value	**100.00%**

Holdings	% of Net Asset Value
First Trust Long/Short Equity ETF	99.63%
Total Net Asset Value	**$2,147,641**

Top 25 Holdings Long Exposure of the Underlying Fund	% of Net Asset Value of the Underlying Fund
NVIDIA Corporation	6.85%
Apple, Inc.	6.77%
Microsoft Corporation	3.61%
Meta Platforms, Inc. (Class A)	2.82%
Citigroup, Inc.	2.42%
Adobe, Inc.	2.35%
Caterpillar, Inc.	2.34%
Mastercard, Inc.	2.27%
Alphabet, Inc. (Class A)	2.17%
Lam Research Corporation	2.13%
Booking Holdings, Inc.	2.02%
KLA Corporation	1.89%
Chevron Corporation	1.74%
The Progressive Corporation	1.74%
Berkshire Hathaway, Inc. (Class B)	1.64%
American Express Company	1.53%
Seagate Technology Holdings Plc	1.47%
Taiwan Semiconductor Manufacturing Company Ltd. (ADR)	1.43%
QUALCOMM, Inc.	1.42%
The Home Depot, Inc.	1.41%
Accenture plc	1.34%
Lowe's Companies, Inc.	1.21%
Western Digital Corporation	1.21%
Gilead Sciences, Inc.	1.16%
McKesson Corporation	1.16%
Total Net Asset Value of the Underlying Fund (in USD)	**$2,004,634,632**

Sector Allocation Long Exposure of the Underlying Fund	% of Net Asset Value of the Underlying Fund
Information Technology	33.50%
Financials	18.25%
Consumer Discretionary	11.58%
Industrials	11.46%
Health Care	6.94%
Communication Services	6.39%
Energy	4.98%
Consumer Staples	3.69%
Materials	1.86%
Real Estate	0.16%

Country Allocation Long Exposure of the Underlying Fund	% of Net Asset Value of the Underlying Fund
United States	90.36%
Ireland	4.45%
Taiwan	1.42%
Switzerland	0.99%
Bermuda	0.77%
Canada	0.35%
China	0.23%
Brazil	0.22%
Indonesia	0.02%

*The First Trust ETF obtains exposure in both long and short portfolio of U.S. exchange listed equity securities of U.S. and other foreign companies and in U.S. exchange-listed equity index futures contracts by investing all or substantially all of its assets in the Underlying Fund, a U.S.-listed Fund (i.e. First Trust Long/Short Equity ETF [(the "Underlying Fund")].

Commissions, management fees and expenses all may be associated with ETF investments. Please carefully read the simplified prospectus of the ETF before investing. ETFs are not guaranteed, their values change frequently and past performance may not be repeated. Data is as of September 30, 2025 (unaudited).

First Trust Long/Short Equity ETF

Ticker: FTLS

Quarter End Statement of Investments

3rd Quarter as at September 30, 2025

Top 25 Holdings

Short Exposure of the Underlying Fund	% of Net Asset Value of the Underlying Fund
Take-Two Interactive Software, Inc.	(0.69%)
RTX Corporation	(0.65%)
Equinix, Inc.	(0.62%)
Linde Plc	(0.62%)
Amazon.com, Inc.	(0.60%)
Roblox Corporation (Class A)	(0.60%)
Axon Enterprise, Inc.	(0.59%)
The Boeing Company	(0.57%)
JPMorgan Chase & Co.	(0.55%)
L3Harris Technologies, Inc.	(0.55%)
Waste Management, Inc.	(0.55%)
Synopsys, Inc.	(0.51%)
Digital Realty Trust, Inc.	(0.49%)
Air Products and Chemicals, Inc.	(0.48%)
DoorDash, Inc. (Class A)	(0.44%)
Xcel Energy, Inc.	(0.43%)
The Walt Disney Company	(0.42%)
Amcor plc	(0.39%)
CoStar Group, Inc.	(0.39%)
Guidewire Software, Inc.	(0.35%)
Kratos Defense & Security Solutions, Inc.	(0.35%)
The Cooper Companies, Inc.	(0.33%)
International Paper Company	(0.33%)
ConocoPhillips	(0.32%)
Eaton Corporation Plc	(0.32%)
Total Net Asset Value of the Underlying Fund (in USD)	**$2,004,634,632**

Sector Allocation

Short Exposure of the Underlying Fund	% of Net Asset Value of the Underlying Fund
Industrials	(5.74%)
Information Technology	(4.57%)
Consumer Discretionary	(3.18%)
Materials	(2.96%)
Communication Services	(2.51%)
Financials	(2.42%)
Health Care	(2.27%)
Real Estate	(2.06%)
Utilities	(1.62%)
Consumer Staples	(1.46%)
Energy	(0.97%)

Country Allocation

Short Exposure of the Underlying Fund	% of Net Asset Value of the Underlying Fund
United States	(24.83%)
Ireland	(1.18%)
Switzerland	(0.88%)
India	(0.70%)
United Kingdom	(0.56%)
Canada	(0.36%)
The Netherlands	(0.30%)
Japan	(0.22%)
Taiwan	(0.19%)
Singapore	(0.14%)
Cayman Islands	(0.13%)
Israel	(0.11%)
Bermuda	(0.08%)
Hong Kong	(0.04%)
Jersey	(0.04%)

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